

## **BANYAN SIGNATURES**

The ultimate pampering experience, Banyan Signatures features holistic treatments for your complete physical, mental and spiritual renewal.

### **Royal Banyan**

150-minute treatment

JPY 55,000

A well-loved treatment, Royal Banyan delivers the best of Eastern and Western massage techniques to improve blood circulation and ease muscle aches. Featuring a warm herbal pouch dipped in Sesame Oil, this signature treatment presents the quintessential Banyan Tree Spa experience like no other.

Coriander Cucumber Cleanser • Royal Banyan Herbal Pouch Massage •  
Jade Face Massage • Therapeutic Herbal Bath

### **Sense of Place - Oriental Bliss**

JPY 46,000

120-minute treatment

Enjoy a refreshing body scrub using azuki beans – a popular ingredient in traditional skin care used by Japanese women for over 1,200 years. Inspired by the surrounding pine forest, the willowy but firm strength of pine trees is reflected in the relaxing body massage that uses both palms and forearms to produce long flowing strokes.

Azuki Cleanser • Pine Delight Massage • Japanese Face Massage

### **Master Therapist Experience**

90-minute treatment

JPY 35,000

Restore energy that was thought to be long gone. Drawn from the expertise of the Master Therapist, indulge in a specially tailored treatment using a repertoire of massage techniques and tools. Therapist will first take time to understand the profile of each individual guest before customising a package best suited to meet his or her needs.

## TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

### Chinese Traditions

90-minute treatment

JPY 41,000

A massage technique used for centuries to heal the body, *Tui Na* improves mobility and circulatory health by correcting the flow of *Qi* in the body. Restore harmony and balance through this powerful healing technique and enjoy complete physical relaxation.

Oriental Massage • Oriental Head Massage

### Indian Traditions

90-minute treatment

JPY 41,000

This beautifying regime features Ayurvedic traditions with aromas that bathed the grounds of Indian palaces. Allow the therapist to restore vitality to your energy channels and strengthen your immune system. The Shirodhara effectively relieves anxiety as a soothing stream of warm oils flows onto your forehead.

Ayurvedic Massage • Chakra Head Massage • Shirodhara • Lepanam • Steam Bath

### Indonesian Traditions

120-minute treatment

JPY 46,000

Practised in the palaces of Central Java, you can now indulge in bliss fit for royalty. The deep tissue Balinese massage using strong, firm strokes dissolves all muscle tension. The divine treatment adopts century-old beauty recipes which include healing ingredients and their renowned herbal bath to harmonise the senses.

Balinese Massage • Lulur Purifier • Yoghurt Body Splash • Fresh Milk Nourisher • Jamu Bath

## TIME-HONOURED TRADITIONS

Inspired by ancient traditions dating back centuries, this selection of classic therapies features timeless secrets of wellness and beauty.

### Thai Traditions

120-minute treatment

JPY 50,000

The therapeutic stretching of the massage alleviates internal tension and enhances flexibility of the body. Feel the soothing heat on your muscles and be wrapped in a healing remedy of Thai herbs. Soak in the goodness of an uplifting Ginger Bath as you step out with glowing skin.

Ginger Refresher • Thai Herbal Heat Treatment • Herbal Enhancer •  
Thai Classic Massage • Aromatic Ginger Bath

## TAILORED FOR YOUR SENSES

Create your very own spa experience with favourites from a curated list of components.

Select your desired duration then mix and match with the body treats of your choice.

### Package 1

90-minute treatment JPY 33,000

### Package 2

120-minute treatment JPY 41,000

### Package 3

150-minute treatment JPY 46,000

### For The Ladies

- 60-minute Body Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 60-minute Facial
- 30-minute Calming Bath

### For The Gentlemen

- 60-minute Body Massage
- 30-minute Back Massage OR 30-minute Foot Massage
- 30-minute Body Scrub
- 30-minute Body Conditioner
- 30-minute Express Facial
- 30-minute Calming Bath

*\*For optimal relaxation and benefit, the duration of combined massages would be 90 minutes.*

## FULL BODY MASSAGES

Choose from an indulgent array of massages, and surrender to the intuitive touch of our professionally trained therapists. Choose from *Touch of Love* or *Touch of Peace* massage oil to complement your state of mind and achieve desired effects.

**60-minute treatment**

JPY 24,000

**90-minute treatment**

JPY 31,000

### **Balinese**

A medium to strong massage where the therapist applies deep thumb and palm pressure with slow, firm, rhythmic strokes. These techniques uplift the senses and ease muscle tension, leaving you fully invigorated.

### **Deep Tissue**

A medium to strong deep pressure massage which minimises recovery time for stressed and tense muscles. The intensive strokes work to loosen and relax the muscles.

### **Gentle Touch**

Be pampered by this soft to medium massage where soothing, long strokes and thumb pressure are applied in tandem to relax the body. Ideal for guests who prefer a lighter massage pressure or expectant mothers, children and the elderly.

### **Thai Classic**

A perfect mix of subtle stretching with rhythmic massaging and compressions to balance the body system and stimulate energy flow. This classic massage uses traditional Thai techniques to apply deep palm strokes on the back with delicate stretching.

### **Thai Essence**

A medium to strong massage adapted from traditional Thai massage techniques which improves overall flexibility from top to toe. Palms and thumbs are applied to pressure points to relieve tired muscles and to boost energy. No oil is used and a two-piece outfit is worn.

## FUSION FOCUS

Designed for guests who are on-the-go, these massages begin with a gentle foot wipe and end with light refreshments. Warm Clarity Oil is used in all massages to soothe nerves and moisturise skin.

### **30-minute treatment**

JPY 14,000

### **45-minute treatment**

JPY 19,000

### **Back Reviver**

For the backaches resulting from long hours spent at the desk, this massage serves as a perfect relief to iron out tension and pain.

### **Foot Release**

Pamper your soles with this relaxing massage concentrating on the pressure points to rejuvenate tired, worn muscles from the heel to the tips of the toes.

### **Hand Relax**

Take good care of your arms, hands and fingers by reducing stress and tension. This massage prevents locked fingers and increases mobility.

### **Head & Shoulders Reliever**

Let your therapist knead your stress and headaches away with this simple but effective massage to improve flexibility and blood circulation within the head. Guests can choose to enjoy this massage with or without oil.

# BODY SCRUBS

JPY 13,500

## 30-minute treatment

### Apple Green Tea Polisher

*For All Skin Types & Sensitive Skin*

Natural acids from the apple acts as a gentle cleanser while the green tea powder nourishes the skin with its anti-oxidant properties. The skin feels softer after this treatment and skin cells are naturally renewed.

### Ginger Lemon Cleanser

*For Oily Skin*

The warming effect of fresh ginger paired with the citric fruit acid from lemon makes this body scrub a perfect cleanser. Let the refreshing scent of the natural ingredients relax your body as you look forward to refined and radiant skin.

### Kieffer Lime Refresher

*For Normal & Oily Skin*

Fresh lime peels gives a delightful scent and acts as an antiseptic. The wheat germ included in the scrub smoothen fine lines with its rich Vitamin E content while the honey nourishes the skin.

### Turmeric Honey Cleanser

*For All Skin Types*

Known for its healing and cleansing properties, turmeric mixed with honey, tamarind and sesame seeds forms this refreshing scrub. The oil from the crushed sesame seeds ensures that the skin is not stripped dry by the scrub.

# BODY CONDITIONERS

JPY 13,500

## 30-minute treatment

### **Aloe Lavender Healer**

*For All Skin Types & Sensitive Skin*

Aloe and lavender are known for their healing and purifying properties. Excellent for sensitive skin, the mask improves skin condition, calms skin irritation and its light fragrance induces relaxation.

### **Chrysanthemum Enhancer**

*For All Skin Types*

A nutritious mix of dried chrysanthemum, honey and yoghurt provides a moisturising treatment to revitalise the skin. These ingredients are blended with wheat flour for extra soothing benefits.

### **Honey Avocado Healer**

*For All Skin Types*

The highly moisturising honey and creamy Avocado make up this body conditioner which improves skin condition and restore softness to the skin. Its delightful fragrance leaves you feeling refreshed.

### **Kieffer Lime Mask**

*For All Skin Types*

Uplift your senses with the zesty lime as you are wrapped in this invigorating and fragrant body mask. The ingredients are quickly absorbed, leaving the skin feeling soft and radiant.

## CALMING BATHS

**30-minute treatment**

JPY 7,000

### **Purifying Bath**

Get pampered like royalty and unveil radiant, youthful skin after this moisturising bath.

### **Rejuvenating Bath**

Uplift your senses and brighten up dull skin with herbs such as cucumber and ginger, which are rich in Vitamin C and anti-oxidants.

## FACIALS

Indulge in our facial treatments to leave your skin glowing with refreshed vitality. Each facial includes a Shoulders & Arms Massage to surround you in a state of total bliss.

### **Anti-Ageing**

90-minute treatment

JPY 25,000

*For All Skin Types*

For a firmer, visibly younger-looking appearance, this facial is a welcome change to reverse the signs of fatigue, wrinkles and fine lines. The therapist will use a firming technique on your face followed by a cream facial mask with skin-tightening effects to pump up the volume to achieve absolute radiance.

### **Banyan Facial**

60-minute treatment

JPY 13,500

*For All Skin Types*

A signature facial recipe specially created by Banyan Tree Spa, a purifying scrub and a hydrating mask moisturise and brighten the skin, giving the face a fresh and healthy look.

### **Glow**

60-minute treatment

JPY 20,000

*For All Skin Types*

Drift into deep sleep during this healing and relaxing facial that cleanses and replenishes oxygen. Suitable for all skin types, dull skin is perfectly detoxified to reveal a smooth and bright complexion.

### **Hydrate**

60-minute treatment

JPY 20,000

*For Dry Skin*

Dry skin is deeply re-hydrated with this nourishing facial treatment. The skin barrier function is strengthened during the treatment, reducing fine lines and increasing skin suppleness.

### **Rejuvenation**

60-minute treatment

JPY 20,000

*For Normal/Combination Skin*

Let this facial help to regulate sebum production while hydrating and nourishing the skin. Your complexion will be radiant and healthy after this rejuvenating facial treatment.

### **Soothe**

60-minute treatment

JPY 20,000

*For Sensitive Skin*

A calming treat for sensitive skin, this facial soothes and reduces skin irritations. Its decongesting effect refreshes and boosts the micro-circulation of the face, leaving the skin feeling soft and luminous.

All Banyan Tree Spa treatments (except hand, foot and hair treatments) come with a complimentary 30-minute Calm Time of refreshments and relaxation, comprising a welcome Foot Bath, and some post-treatment time to relax over a herbal drink and refreshments.

Prices are in Japanese Yen (JPY) and are inclusive of service charge, goods and services tax.

## FACIALS

Indulge in our revitalising facial treatments that leave your skin glowing with refreshed vitality. Each facial includes a Head, Neck & Shoulders Massage to surround you in a state of total bliss.

### **Express**

30-minute treatment

JPY 15,000

Create a blissful treat for your face, select the combination which works best for your skin type. This facial begins with cleansing to remove impurities and ends with a moisturiser to restore radiance. Choose from scrub, mask or massage to give a clearer and brightened complexion.

Cleansing • Scrub • Mask • Moisturise

OR

Cleansing • Massage • Mask • Moisturise

OR

Cleansing • Scrub • Massage • Moisturise

# HAND & FOOT TREATMENTS

Treat your hands and feet to a pampering session, leaving them in tip top condition.

## **60-minute treatment**

JPY 13,500

### **Banyan Hand Basics**

Keep your hands and nails in best condition with this beautifying regime which concludes with a rich moisturiser. Nails are trimmed and shaped to your preference.

Hand Bath • Hand Scrub • Nail Maintenance • Hand Moisturising

### **Banyan Foot Basics**

Give your feet the attention they deserve. Start with a Foot Bath for thorough cleansing and a Foot Scrub to slough off dead skin. Then, nails are trimmed and shaped to your preference.

Foot Bath • Foot Scrub • Nail Maintenance • Foot Moisturising